

March, 8th
10:00 am

RELATIONAL LEADERSHIP

A Chaplain's Heart

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ELDERS TRAINING 2026

ENGAGE

**Relational Ministry
for Church Leaders**



CRITICAL RELATIONAL FORCES

01

Relationship with Self

02

Relationship with Others

03

Relationship with God



The aim is to hold healthy, whole, and holy relationships with the three relational forces: self, others, and God.



My dear brothers and sisters,
take note of this: Everyone
should be quick to listen, slow to
speak and slow to become angry
James 1:19

PART I

Active and Reflective
Listening

WHAT IS ACTIVE LISTENING?

Active listening is an intentional communication practice in which the listener gives full attention to the speaker. It is practiced through body language, open mindedness, and reflective responses.



WHAT IS REFLECTIVE LISTENING?



Reflective listening is a communication skill in which the listener restates or paraphrases a speaker's words and emotions to confirm understanding, deepen clarity, and convey empathy.

WARNING:

Assumptions kill good listening

D O N T

A S S U M E

Examine yourselves to see
whether you are in the
faith...
2 Corinthians 13:5

PART II

Self-Reflection and
Introspection

WHAT IS SELF-REFLECTION AND INTROSPECTION?

Self-reflection is the practice of reviewing your actions, words, or attitudes and introspection is the work of considering where those actions came from (beliefs, fears, familial scripts, etc).



THE POWER OF SELF-REFLECTION AND INTROSPECTION

Once you know where your assumptions are coming from, you have the power to decide whether they are **true or not**, and more importantly, **whether or not you listen to them.**

Assumptions **unchecked** and **unrealized** become an **unconscious undercurrent** that will move you without you even knowing.

For you created my inmost
being; you knit me together
in my mother's womb. I
praise you because I am
fearfully and wonderfully
made...

Psalms 139:13

PART III

The Value Based Approach

WHAT IS THE IMPORTANCE OF VALUE



Value, or healthy self-esteem, is critical in having confidence, being grounded and core to navigating how you interpret the world and relationships around you.

What happens when our value is shaken, tested, or based on something fragile?

REAFFIRMING THE VALUE COMPASS

Our value comes from God. Even though we know this, we don't always believe it, and it shows up in our actions and attitudes.

As leaders, it is critical to help people realign and reaffirm their sense of value in Christ.

