

SEL/Trauma Informed Educator Oregon Conference of Education

I AM A SEL COMPETENT EDUCATOR I CAN CONNECT MY ACTION TO MY FEELINGS & THOUGHTS. I CAN NAME & DESCRIBE MY FEELINGS AND EXPRESS THEM IN A HEALTHY WAY-VERBALLY & NON-VERBALLY

BEGINNING

LEARN SEL LANGUAGE & SKILLS

ESTABLISH SELF-AWARENESS GOALS FOR MYSELF AS AN EDUCATOR

PROGRESSING

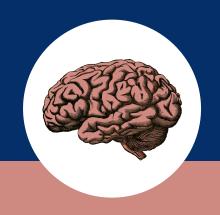
BUILD EXPLICIT
CONNECTIONS BETWEEN
CURRICULUM & SEL

INCORPORATE SEL LANGUAGE
INTO CONVERSATIONS W/
STUDENTS & FAMILIES

EXCELLING

CONSISTENT ASSESSING &
IMPROVING CLASSROOM
PRACTICES AND PHYSICAL
ENVIRONMENT TO BE
TRAUMA-INFORMED

USES FOUNDATIONAL SEL SKILLS TO INTEGRATE CULTURALLY COMPETENT PRACTICES



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BEGINNING

Take a Self-Assessment at the Center for Great Teachers & Leaders: https://gtlcenter.org/sel-school

Explore SEL Language & Skills at Harvard Graduate School of Education: http://exploresel.gse.harvard.edu/terms/

PROGRESSING

Learn about the connections between SEL & Trauma-Informed Care at the Committee for Children: https://www.cfchildren.org/blog/2018/06/sel-and-trauma-informed-practice/

Seek out resources and lessons on how to incorporate SEL into physical & virtual classrooms at CASEL: https://casel.org/in-the-classroom/

Use Resources at RAK (Random Acts of Kindness) to build awareness and skills in students: https://www.randomactsofkindness.org/for-educators

Use Self-Guided Tools at the Teaching Tolerance website to integrate equitable, culturally competent practices: https://www.tolerance.org/professional-development

Tools for Assessing and Improving Resilient Classrooms at Edutopia: https://www.edutopia.org/video/weekly-circles-students-and-faculty

Building Daring Classrooms with Brene Brown: https://brenebrown.com/daringclassrooms/

EXCELLING